home food preservation

Tangy Tomatillo Relish

12 cups chopped tomatillos
3 cups finely chopped jicama
3 cups chopped onion
6 cups chopped plum-type tomatoes
1½ cups chopped green bell pepper
1½ cups chopped red bell pepper
1½ cups chopped yellow bell pepper

 cup canning salt
 quarts water
 tablespoons whole mixed pickling spice
 tablespoon crushed red pepper flakes (optional)
 cups sugar
 cups cider vinegar (5%)

- 1. Wash and rinse 6 to 7 pint canning jars; keep hot until ready to use. Prepare lids.
- 2. Remove husks from tomatillos; peel jicama and onion. Wash all vegetables well before trimming and chopping. Place chopped tomatillos, jicama, onion, tomatoes, and all bell peppers in a 4-quart Dutch oven or saucepot.
- 3. Dissolve canning salt in water. Pour over prepared vegetables. Heat to boiling; simmer 5 minutes. Drain thoroughly through a cheesecloth-lined strainer (until no more water drips through, about 15 to 20 minutes).
- 4. Place pickling spice and optional red pepper flakes on a clean, double-layer, 6-inchsquare piece of 100% cotton cheesecloth. Bring corners together and tie with a clean string. (Or use a purchased muslin spice bag.)
- Mix sugar, vinegar and spices (in cheesecloth bag) in a saucepan; bring to a boil. Add drained vegetables. Return to boil; reduce heat and simmer, uncovered, 30 minutes. Remove spice bag.
- 6. Fill relish mixture into hot, clean pint jars, leaving ½-inch headspace. Remove air bubbles and adjust headspace if needed. Wipe rims of jars with a dampened clean paper towel; adjust two-piece metal canning lids.
- 7. Process 15 minutes in a boiling water canner. (See below for altitude corrections.) Let cool, undisturbed, 12-24 hours and check for seals.

Altitude adjustment: at 1,001 to 6,000 ft, process for 20 minutes; above 6,000 ft, process for 25 minutes.

Developed by the National Center for Home Food Preservation at The University of Georgia, Athens, GA. Released by Elizabeth L. Andress, Ph.D., Department of Foods and Nutrition, College of Family and Consumer Sciences. February 2002.

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